



Spring/Summer Newsletter 2025

Mapperley Park

RESIDENTS' ASSOCIATION



WELCOME TO THE SPRING / SUMMER ISSUE OF THE MPRA NEWSLETTER!

Thank you to all
who sent in lovely
photos of Spring

in Mapperley Park:
we were spoilt for
choice. Catherine
Lowe's colourful shot
of flowering shrubs
and line of typical
roof gables against
an intense blue
Spring sky was felt

to convey the season
in a way that all who
live in Mapperley
Park can recognise.
As the weather turns
warmer, we wish
everyone a very
happy and enjoyable
Summer!

OUR BUILT ENVIRONMENT is our subject for this newsletter, with residents' stories about their hugely ambitious (and hugely successful) house projects. We suspect that quite a few readers will recognise the challenges they describe, and some may even be inspired to take them up. Whether we tackle a first renovation, or are returning to a second (it happens), we all live in houses that respond to love and care, and ultimately that is what this issue is all about.

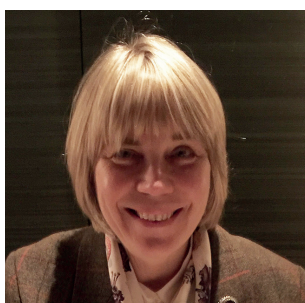
With its timely theme, this issue appears just as concerns over the proposed Student House on the Mercure Hotel car park site are growing ever more strong: here is a building project that needs to be carefully reviewed and, if necessary, objected to. The actions taken by the MPRA so far are explained in these pages, together with directions on how you can lodge any concerns with the City Council.

The Newsletter warmly welcomes the Cavaliers & Carrington Cricket Club to its pages, to explain their plans and ideas for the future. Without the beautiful green space which they maintain and promote, Mapperley Park would be a much poorer place.

The next Autumn/Winter 2025 issue will continue the theme of this one: please be inspired to contribute your thoughts and stories! There's room for other material too: simply contact the Editor at koreschroder@gmail.com

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From the editor

Many thanks to Erika Diaz Petersen, who many months ago came up with the brilliant suggestion of a Newsletter on aspects of the physical environment of Mapperley Park, such as design and building projects, energy efficiency and sustainability, and gardens and landscape. This is such a wide-ranging

topic, and one which surely interests us all as residents, that it will continue in the next Autumn / Winter issue. Articles have already been offered on the treatment of front gardens, and on the wildlife and gardens in our area. So, please contribute a piece if you have knowledge or interests in anything to do with the natural and physical fabric of Mapperley Park. Does your house have a fascinating history? Can you enlighten us on the architecture and/or streetscapes of Mapperley Park? And I keep wanting to know more about much older history—were there really dinosaur footprints found on Tavistock Drive? If reading the three great articles in this edition on various aspects of house renovation has got you thinking about your own stories, please consider offering them in the upcoming Newsletter. **Contact me directly at: koreschroder@gmail.com.**

Thanks to comments on Facebook, I am aware that some residents are habitually missed out by our otherwise conscientious and very friendly Newsletter delivery man. When this happens, we usually bring you a copy asap, but then can sometimes see what the problem is. It isn't unusual for houses in Mapperley Park to have locked gates, with no apparent place where to leave mail. Blocks of flats are also difficult to access, and sometimes it isn't obvious that a large single house has been divided into two separate dwellings. Unlike a postman, who identifies addresses by their street numbers, our delivery man simply goes from house to house, and leaves a Newsletter at each one as best he can. We're sorry if he doesn't always manage to reach all of you.

Does anyone have any ideas for how to address this problem (pun unintended)? As well as individual delivery, could there also be a box or some other collection point where residents could come to pick up a copy? But what kind of box, or collection point, and where should it be?—there can be more than one, of course. There are always Newsletters left over, and I would welcome suggestions as to how I could make them more generally available. **Contact me at koreschroder@gmail.com**

Finally, you can read the Minutes of this year's AGM held on 29th April, and the text of the revised MPRA Constitution as agreed there, on our webpage at: **mapperleypark.org**

LEENA KORE SCHRÖDER

Membership and Subs Report

A huge THANKYOU to those members who are up to date with their subs. It's wonderful that the MPRA continues to be supported by so many residents, which not only enables the production of this Newsletter, but also helps to establish a real sense of community in Mapperley Park.

Many of you may be aware that I'm in one of my periodic modes of chasing up subs: thank you for putting up with the emails I've sent out, and with the letters I am about to hand-deliver to those whose email addresses I do not have. Results are not instantaneous, and I know that many of you have Standing Orders that come in later in the year. That is all fine. But by Christmas 2025 I will have tried to contact every single member who is in arrears. I will keep badgering you if you owe just for 2025; however, if by the end of this year you are behind with both 2025 and 2024 (i.e. two years running), then your name will be deleted from the membership list. I don't actually enjoy doing that culling.

Membership is much easier to keep up with if you set up a Standing Order, but of course that's not compulsory; whatever works best for you is absolutely fine and, again, thank you!

LEENA KORE SCHRÖDER
MPRA Membership Secretary

Would you like to be contacted by email?

Readers may be surprised to know that the MPRA can contact only two-thirds of its membership by email. While an email address is not a compulsory aspect of joining, it is nevertheless an easy way of getting in touch quickly for reasons such as announcing a party or meeting, or sending a sub reminder. We do use the Mapperley Park Facebook page for making announcements, but a significant proportion of our members do not wish to be on Facebook, and therefore this is not in any way the ideal solution.

From my own professional experience of using email at work, I am acutely aware that it is not a failsafe system. Things can, and do, go wrong, and when they do it creates a huge problem. For that reason I have yet to set up any kind of group-emailing system, whereby recipients see only their own email address in a much longer ribbon. Yes, it would make my life easier, but I don't trust it. All of the emails that members receive from the MPRA are always sent to a single named recipient, unless other names are copied in by agreement for a particular reason.

If, therefore, you would like to be contacted occasionally by email, please send your address to **info@mapperleypark.org**, and it will be added to your membership record alongside your home address.

LEENA KORE SCHRÖDER
MPRA Membership Secretary

How to pay your membership or join mprra

ONLINE BANKING
Sort Code **20-63-25**
Account Number **10609080**
Business name **'Mapperley Park Residents Association'**

The annual
fee is £10.

Please quote your surname and postcode in the reference field. If you are a new member joining for the first time, please also drop an email to **info@mapperleypark.org** with your full name and address.

CASH OR CHEQUE is equally welcome, payable to 'MPRA'. Please post to: **Membership Secretary, 2 Alverstone Road, NG3 5DQ**. Including your name and address.

Party Time!

The MPRA started a new tradition this year by holding a Beat-the-January-Blues party on 17th January 2025. It was held at Clawson Lodge, the lovely Fothergill Watson-designed cultural centre of our Ukrainian neighbours. The venue was perfect, the buffet spread lavish, the bar overflowing, and the dancefloor heaving! Frank Power sang all the hits that got us dancing the night away. Who knew that Mapperley Parkers could throw so many dance moves? Everyone who came—and it was good to see so many out on a cold January Friday evening—had a great time indeed. Many thanks to Bee Sanghera and Ellen Turner for organising a party that brought so many friends and neighbours together, and which even recruited new members to the MPRA. What a success it was! This is sure to be a repeat event next January, and we hope to see you there. Start practising those moves!



VE Day 80th Anniversary celebrated in Mapperley Park

On Sunday 4th May the good citizens of Private Road and Victoria Crescent came together for a street party, complete with bunting, to commemorate the 80th anniversary of VE Day. As one partygoer comments: 'It was cold, but the party atmosphere prevailed!'



Remembering Terry (Mary Theresa Loomes, neé Hoadley)

Terry lived in Mapperley Park for 30 years after she had lived in various places in the UK and in a number of other countries. She was born in Brighton, her father was English (Sussex) and her mother was Northern Irish. More often than not she called herself European in recent years, especially since the time when we had to think about things like that. She died at Christmas time in 2023 and she is greatly missed by her husband, son, and dear friends.

As well as being a cracking good cook and home maker, Terry had a finely-tuned sense of social injustice, was a very persuasive and excellent negotiator, and an astute judge of character. But it was during the time she lived in the USA and Africa that she really showed her resourcefulness, originality and people skills in handling the many difficulties and challenges of living there.

Having worked with a number of organisations in the UK, she finally took a position with Nottingham City Council, where she worked in the Chief Executive's office, latterly on the contracts concerning the extensive changes to providing Council services. On retirement, she became a dedicated volunteer with a local charity working in the Nottinghamshire Hospice shop in Sherwood for more than 20 years. She was also actively involved in various other fund-raising events for the Hospice. She had a routine where on finishing work each Tuesday, she relaxed with a glass of red in one of two café bars which she had cultivated in Sherwood. It was once commented by one of the bar staff that the bar never, ever made a profit on any of the wine which Terry bought—so good were her negotiation skills.

Terry was described by those who knew her as 'a very special person' and 'one of a kind'. She went out of her way to talk to people; she was friendly and open-minded. But more importantly she listened to them, especially to young people, and they responded positively. And if you were to ask her a question, you would always get a straight answer.

In the end, she had to let go of her life in this world and she entered a calmer, a safer, and a better place. Those of us who knew her continue to miss her greatly.

DAVID LOOMES



Proposed redevelopment of the Mercure Car Park

In May 2024, a member of the MPRA contacted the Committee in order to draw attention to an Application for Planning Permission to redevelop the existing Mercure Hotel car park at the corner of Magdala and Mansfield Roads (see photo). The project entails a 5-storey (originally to have been 6) purpose-built student accommodation block, to include external amenity space and landscaping. The Application number is **23/01330/PFUL3 (PP-12067202)**, and it can be viewed by registering on the Nottingham City Council website at www.nottinghamcity.gov.uk/planning, and following through the required steps.

The matter was immediately passed to committee member Mike Reade, a practising architect who advises the MPRA on all aspects of building projects and planning applications that have impact on Mapperley Park. He looked carefully through the application, assessed its pros and cons, and wrote a letter to Zoe Kyle, Planning Officer at Nottingham City Council, which represented the views of the MPRA.

It should be noted that while Mike's letter of 24th May 2024 acknowledged that the car park as it stands is 'negative land use' that could, in principle, be built upon and put to better use, nonetheless there was much to object to in the Application. For the interest of Mapperley Park residents, here is the complete text of the original letter which the MPRA submitted to Zoe Kyle in May 2024:

Dear Zoe,

I am the MPRA committee member advising the group on matters to do with planning, building regulations and the Party Wall Act.

I have sought consensus, and the following is the MPRA committee stance:

1. **USE:** The existing car park is a negative land use for the local and wider community at this very prominent street junction. We support the principal of developing a building on this corner.
2. **SCALE:** Whilst the proposal steps back and down as it approaches both the Mercure Hotel and no. 4 Magdala Road, the bulk of the proposal is closer to the footpath and will be much more dominating than the Hotel and will insensitively overbear the Grosvenor pub and Masala Junction. There is a hint of the eaves level on Proposed Elevation B 20167-0351 P-04 that shows the new building to be two storeys higher than the St George Hotel and Masala Junction. There is a hint of the eaves level on Proposed Elevation B 20167-0351 P-04 that shows the new building to be two storeys higher than the St George Hotel (308? Mansfield Road). The design at 6 storeys high therefore excessively dominates the existing environment.
3. **TOWNSCAPE:** The proposed Mansfield and Magdala Road elevations wrap around in a continuous uniform sweep. For townscape reasons to do with legibility, variety, richness and visual appropriateness, prominent corner sites like this one should have something special on the corner, a principal used by the other two buildings that share this junction: Masala Junction and the St George Hotel.
4. **VEHICLES:** Removing car parking, encouraging public transport use, cycling and walking are positive environmentally, but please ensure that the knock-on effect to the servicing and vehicular access to other buildings on Zulla Road does not have a detrimental effect on the local residents. We know that one of our members has already expressed this concern to you.
5. **ECONOMY:** The increased population will help support the shops and other commercial activities on this part of Mansfield and Hucknall Roads.
6. **NOISE:** There have been many similar sized student housing buildings built in Nottingham recently. We would appreciate environmental health making comparisons with those other sites and for them to make recommendations that will ensure our local residents' lives are not adversely affected by increased noise.

Regards

Mike Reade, for and on behalf of MPRA Committee

At the recent MPRA AGM on 29 April 2025 this Planning Application attracted much discussion. It was noted that a revised scheme had been registered with the City Council on 14 February 2025, which responded to two of the MPRA's original concerns by reducing the number of storeys from 6 to 5, and moving the frontage back by a couple of metres. Nevertheless, many problems remain unaddressed.

Therefore, following the general discussion at the AGM, Mike Reade has submitted a second letter to Zoe Kyle on 6 May, 2025, which runs as follows:



Dear Zoe,

I am the MPRA committee member advising the group on matters to do with Planning, Building Regulations and the Party Wall Act.

The Association held its 2025 AGM on 29th April 2025 which was attended by between 30 and 40 local residents and by 5 MPRA Committee Members.

Regarding the 6 storey student block, now a 5 storey proposal at the junction of Mansfield Road, Magdala Road and Zulla Road, the AGM came to a consensus regarding the amended scheme for this site dated 14th February 2025.

Further to our email dated 25th May 2024 to you regarding the original application in which we raised concerns regarding Use, Scale, Townscape, Vehicles, Economy and Noise; the AGM agreed on the following two comments:

We are concerned about the impact of parking on surrounding roads resulting from both the reduction in car park capacity at the hotel and the increase resulting from cars being owned by students. With Ebers, Zulla etc already residents' only parking, the fear is that impact will be felt on Tavistock and up towards Lucknow etc.

We are concerned about the increase in environmental noise potential for antisocial behaviour resulting from increased comings and goings to the site, now largely via Zulla Road, day and night from taxis and Deliveroo riders etc, as well as at the start and end of term. We suspect that NCC Environmental Health has a wealth of data showing that dense student housing schemes are incompatible with small scale suburban style housing such of the type found throughout the rest of the Conservation Area.

Regards

Mike Reade, for and on behalf of MPRA

Following decisions agreed on at the AGM, the Committee has posted Template Planning Letters which residents could tailor to make an individual objection to the planning application. These can be found on both the Mapperley Park Facebook page, and the MPRA web page at mapperleypark.org. It is worth submitting objections to this planning application, as the City Council assures us that they will still be considering residents' views in their decision, even though the formal time for making objections may have lapsed.

Introducing the new owners of Holly Tree House Dental Practice

We are delighted to introduce ourselves as the new owners of Holly Tree House Dental Practice. Since taking over in January 2024, we have been warmly welcomed by the Mapperley Park community, and we look forward to continuing to care for patients old and new. Holly Tree House has always been a trusted part of the area, and we are committed to building on the strong foundations already in place.

Our approach to dentistry is centred around the patient experience, ensuring that everyone who walks through our doors feels valued and listened to. We believe that dentistry is about more than just teeth—it's about improving confidence, comfort, and overall well-being. Whether helping nervous patients feel at ease or providing treatments that restore function and quality of life, we aim to make a real difference.

We are passionate about using modern technology to enhance the patient experience, from digital scanners that eliminate the need for messy impressions to 3D-printed same-day crowns, allowing for faster, more precise treatment. We also offer a range of treatments, including dental implants for those struggling with missing teeth, helping to restore confidence and function. Advances in dental technology mean these options are now more comfortable and effective than ever.

We feel privileged to be part of this community and look forward to getting to know more of you. If you ever have any questions about your dental health or simply want to say hello, we'd love to meet you.

VINAY AND SHEENA MEHTA

Holly Tree House Dental Practice
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Mapperley Park
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Magdala Tennis Club's secret Grand Slam champion: the 90th anniversary of tennis royalty in Mapperley Park

When Winifred Alice James first walked onto the grass courts of our local Magdala Lawn Tennis Club, few could have imagined that she was stepping into tennis history. Born on 11th January 1911 in Nottingham, James—known affectionately as Freda—would become one of Britain's brightest sporting stars, a dominant figure whose elegance at the net and mastery of the volley would set her apart in an era of formidable competitors.

Freda's journey began modestly at just 16, when in 1927 she secured her first taste of success by winning Magdala's Mixed Doubles title alongside A.C. Cullen. Cullen was also a notable figure in local sport, playing football for Notts Magdala, a club that evolved into today's Magdala Amateurs Football Club, highlighting the interconnected nature of Nottingham's sporting community. The following year Freda captured the Ladies Handicap Singles, signalling to the Nottingham tennis community, and soon the world, that a prodigious talent had arrived.

Magdala was merely the start. Freda's talent blossomed at the Nottingham Open, a competition where she became almost unbeatable. Between 1928 and 1931, she swept numerous titles across singles and doubles, notably forming a successful partnership with C.W. Hannah. Decades later, the Hannah legacy lives on at Magdala through his grandson David Hannah, continuing a narrative that began during Freda's early years at the Club.

Freda's elegant volleying, her signature move, would soon be immortalised beyond the courts of Nottingham. In 1936, she featured on a Player's cigarette card, captured mid forehand volley, clad in a striking blue top symbolising the iconic Player's Navy Cut brand, a nod to her father Arthur James, a prominent executive at John Player & Sons. This connection vividly illustrates Nottingham's industrial heritage intertwining with local sporting achievements.

By the 1930s, Freda was no longer just a local star; she was a global tennis phenomenon. Her international breakthrough came in 1933 when she clinched the U.S. Women's Doubles Championship, an achievement she would soon eclipse with consecutive Wimbledon Ladies Doubles titles in 1935 and 1936. Her prowess wasn't limited to victories alone; she reached Wimbledon's Doubles Final again in 1933, along with multiple semi-final and quarter-final appearances throughout the decade.

Freda's tennis career spanned an extraordinary length, making her debut at Wimbledon in her teens and continuing to compete successfully until her late thirties in 1949, well after the upheavals of World War II. This longevity speaks volumes about her adaptability and sustained excellence, occurring during a critical period when women's sport was rising dramatically in public prominence and British female athletes became national figures.

Yet Freda's talents extended beyond doubles. Her singles record was consistently impressive, reaching Wimbledon's fourth round on multiple occasions and notably advancing to the U.S. Open quarterfinals in consecutive years, 1934 and 1935. Over her Wimbledon career, she amassed 69 victories from 112 matches, an extraordinary feat by any measure.

Representing Britain in the prestigious Wightman Cup from 1931 to 1939, Freda played a pivotal role in several triumphs over their American rivals, cementing her reputation on the international stage. Off the court, she found companionship and love with Worcestershire first-class cricketer Pat Hammersley, whom she married in 1937, later becoming a mother of two.

Freda James's story resonates today, a timely reminder that sporting excellence can grow from humble roots. In an era where elite tennis has become dominated by academies and global circuits, the remarkable tale of a local Mapperley Park club nurturing a talent of international acclaim provides both inspiration and nostalgia. Magdala Lawn Tennis Club remains a proud guardian of Freda's legacy, proof that greatness often begins quietly, on unassuming local courts, guided by passion, talent, and community spirit.

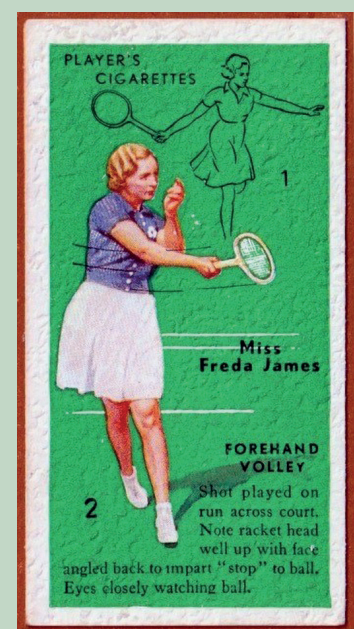
PAUL SYRYSKO



29 April 1933 portrait by Bassano & Vandyk studios, now held at the National Portrait Gallery, London



Freda (right) with partner Kay Stammers during practice for the 1935 Wimbledon tournament



In 1936 Freda featured on a Player's cigarette card exhibiting her forehand volley, dressed in a Navy Cut blue jersey

Creating a Passivhaus on Redcliffe Road

In 2023 we moved from East London to Nottingham. Mapperley Park, with its beautiful tree-lined streets and amazing architectural character immediately appealed. But we were also looking for a new home that aligned to our values and had been hoping to find an eco-house.



Bulwell Stone wall wrapping around the courtyard from Redcliffe Road

One of the most striking features of our new home is the tall Bulwell stone wall that lines the street and encloses our house, creating a quiet haven. It reflects the topography of the landscape in the 1900s when the L shaped building

was a coach house and stables, sitting at the southern end of the grounds for Malvern House on Mapperley Road. But times have very much changed, the hay has been cleared, and the buildings have long been housing humans rather than horses.

We are lucky to have conveyancing contracts and drawings of the land around Malvern House dating back to the 1870s. The history of the house and land, including ours, charts in many ways the changing fortunes of Victorian industrialists in Nottingham. More and more of the land was partitioned off and sold, and by 1955 one of its former owners, the director of Weldon and Wilkinson (a hosiery finishers) named Frederick Weldon, spent the last ten years of his life living in what is now our house, having sold Malvern House and the rest of land.

In 2010 the house was cleared back to the exterior walls and designs were made for a Passivhaus. This is an approach that prioritises energy efficiency through insulation, airtight windows and doors, and a mechanical ventilation system (in our case, manufactured by Paul). Paul sucks fresh air from the outside, transfers internal heat to it, and then pipes it through all the rooms in the house, so that air loss is minimised and it never feels stuffy.

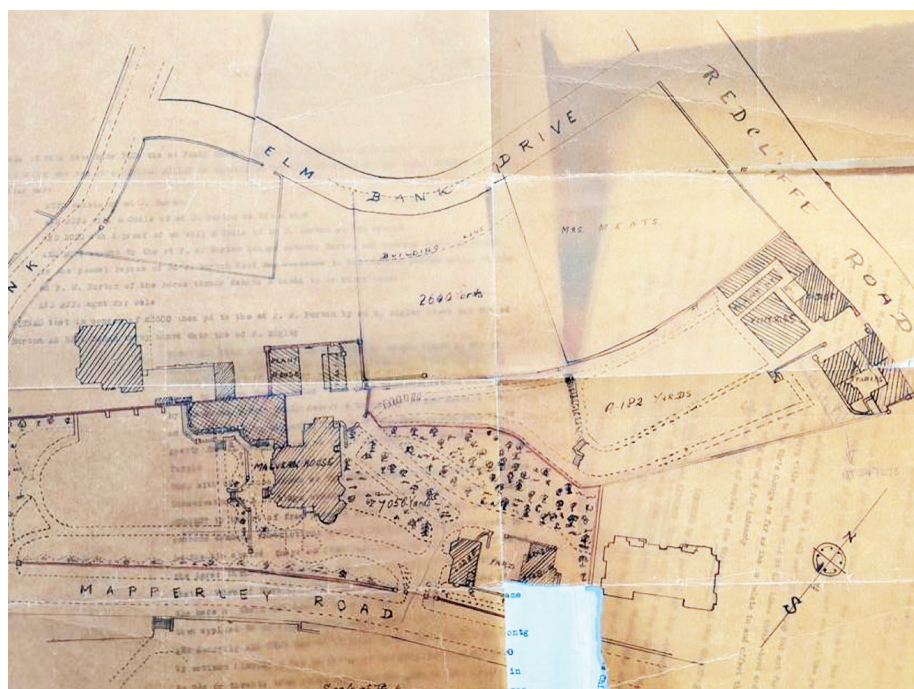
Paul works together with our friend Grant, the air source heat pump, to keep the house the same temperature day and night. It's been a delight feeling a comfortable temperature throughout the winter, a revelation compared to traditional gas fired central heating. As well as being more comfortable it is also very efficient. In fact, at least one of us is very keen on data, and has worked out that we use a third of the energy here than we used in our last place for heating, despite that house being smaller and mid-terraced. So, if electricity prices ever go down, we'll be making a big financial saving too!

Our predecessors weren't quite so lucky as us. The original concept was to create a Passivhaus solution that relied only on solar power, a wood burner in the living room and body warmth. It was an ambitious approach, especially given the tree-coverage that gives our garden a shady woodland feel. We can only assume that huddling around a log fire every evening from October to March wasn't for them, as Grant was in place before we arrived. The wood burner is now more of a decorative feature!

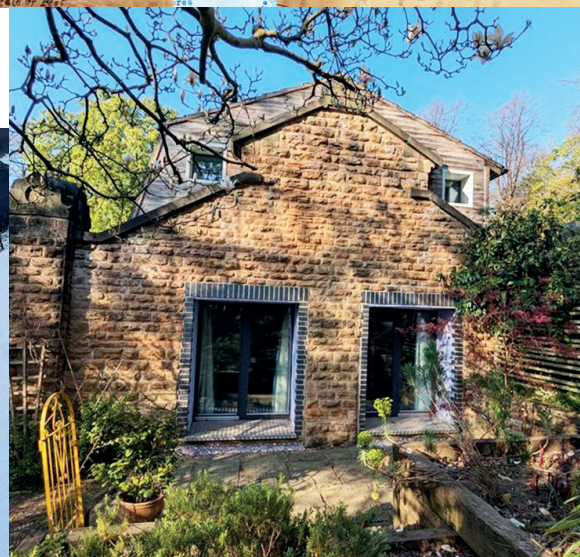
In its most recent iteration, the house has a boatlike quality: an open-plan living space upstairs, with high-ceilinged bedrooms below. We've now been here for nearly two years, and we love it! The insulation keeps us warm but is also great for sound insulation, and we feel the benefits every day. We would be very happy to chat about our experiences of living in an eco-friendly house and answer any questions you might have if you're thinking of making the switch. Just email MPRA at info@mapperleypark.org, and you'll be put in touch.

RUTH SINGLETON

Conveyancing map showing Malvern House and the stables on Redcliffe Road – many of the buildings, walls and paths on this map still exist



Grant (air source heat pump), and the vents to Paul (internal mechanical ventilation)



The gable end of the old coach house

Transforming spaces in Mapperley Park: our property renovation journey

In 2014 we bought a house nestled between mature trees on Private Road which had been derelict for two years. We could see its potential for being transformed into a house that is both modern, and fits into the historical charm of the surrounding area. Originally built in the mid 1950s, the house had become tired and neglected, with a deteriorating brick façade and garage door, and severely overgrown garden. Internally things were even worse, with no kitchen, old bathroom suites and an overly compartmentalized layout. And then there was the roof—or lack of! Rain or shine, the weather came into the house.

We knew we wanted to breathe new life into the space, utilise the land around the property and completely transform the existing building. We envisioned a modern take on a Georgian-type house with a light-filled, open-concept space that would cater to our family's lifestyle but still possess the best features of a period property. We began our journey by consulting with a local architect, who helped design the wrap-around extension, extending upwards and sub terrain. We emphasized the importance of using top quality materials, with an eye on style without sacrificing functionality.

Key Features of the Renovation:

1. **Open-Concept Living Area:** Walls were removed to create a spacious living area that flowed effortlessly into the dining and kitchen spaces. This change allowed for better family interaction and entertaining. Large, solid oak sash windows were added, offering unobstructed views of the garden and filling the area with natural light.
2. **Modern Kitchen Revamp:** The kitchen was completely redesigned. A large island became the centrepiece, providing ample space for meal prep and casual dining.
3. **Outdoor Integration:** The back patio was expanded to create a seamless indoor-outdoor living experience. With the addition of patio glass doors, we now enjoy easy access to the newly landscaped backyard, perfect for summer barbecues and family gatherings. Plus, the views over Nottingham are spectacular!
4. **The creation of a new stone-porticoed porch,** with stained-glass windows designed by us.
5. **A patterned Victorian tiled hallway,** consisting of over 7500 individual Minton-type tiles.
6. **New bathrooms:** The bathrooms were transformed with modern fixtures, to evoke a more spa-like atmosphere.
7. **Complete garden overhaul** with a wooden tree house and children's slide that came all the way from Germany!
8. **Cinema and gym.**

After two years of hard work, the transformation was finally complete. The once-claustrophobic space is now a bright, welcoming home that reflects our family's values and lifestyle. Looking back on our renovation journey, we would observe that while it was a challenging process, especially with a young family, seeing our vision come to life made it all worth it. We are richer in memories but poorer in our bank account! Every corner of our home holds memories as we put our heart and soul into creating, with the help of thoughtful design and planning, our dream home. For anyone considering a similar journey, the key is to stay true to your vision and your budget while embracing innovative solutions that enhance both beauty and functionality. With creativity and determination, your dream space is within reach.

REBECCA AND MIKE FLINT-BUSH



The house before 2014 and the finished result



Former rear elevation and the back garden now



Our derelict kitchen, and the kitchen now



Thinking of improving energy efficiency in your older home? Some thoughts from Thorncliffe Road

Spring is in full swing, and with the prolonged dry weather most of us are probably thinking more about getting outdoors than we did in the colder, wetter, darker days of winter. But if you are thinking about improving the comfort and energy efficiency of your home, to be ready for next autumn and winter, now might be a good time to start planning.

Many of my neighbours in the Thorncliffe Road area know about our recent journey renovating our Edwardian semi-detached home in Mapperley Park, including some fairly extensive energy efficiency improvements. We have gone to the extent of what is sometimes called a 'deep' energy-efficiency retrofit, including comprehensive insulation (walls and floors as well as lofts), an air source heat pump, window upgrades to triple glazing and a whole house ventilation system. These have without doubt transformed the comfort and energy usage in our home, but required planning permission, a year of fairly substantial disruption, were costly, and wouldn't be right for every homeowner or family, or even every home. We were starting with a house that had already had extensive changes made and had few historic features left, which provided us with a lot of flexibility. We still made very conscious decisions, though, related to the character of the conservation area when we planned the window and exterior work in particular, and kept or restored original features inside where we could, and did our best to minimise waste and reuse materials.

However, you don't need to do what we did in order to improve the energy efficiency and comfort of your home, and to reduce your carbon footprint. Most homes in Mapperley Park are older houses constructed using traditional methods. Many also have surviving architectural features that contribute to the appearance and character of the conservation area, are of interest in their own right, and are important to people who own and live in them.

Although I am writing this article entirely in a personal capacity as Mapperley Park resident, I am very fortunate to work for Historic England. My area of expertise is in historic landscapes, but I have experience of working on complex construction projects, which helped with the planning of our own house project, and I definitely benefited from the expertise of my colleagues, Historic England's technical resources, and the advice of the architect we worked with.

In addition to providing advice for professionals, Historic England also provides advice to help homeowners make decisions about energy efficiency on its 'Your Home' webpages, along with other useful advice on maintaining, repairing and improving homes that are either listed and in conservation areas, or are simply older buildings. I thought that these resources could be useful to residents in Mapperley Park who might not be aware of their availability. On the pages of 'Energy Efficiency and Your Home' there is advice on a range of topics to help you understand energy efficiency in your home; how to save energy; energy generation; and energy efficiency standards (including energy performance certificates, or EPCs).

The advice on saving energy in an older home helpfully lists options in order of priority, from work that is suitable for everyone in every home, to options suitable for some homes, as well as to homes where expert advice is needed. It also explains a holistic, or 'whole building approach' that anyone can use to consider what might be right for their particular home. This includes advice on avoiding unintended consequences of using individual measures that might, for example, result in condensation and the formation of mould. On those pages there is also information on getting whatever specialist help and permissions you may need, including for houses in conservation areas. Finally, there are also useful resources from organisations such as the Energy Saving Trust, and others.

I hope these resources are helpful to anyone in Mapperley Park thinking about the comfort and energy efficiency of their home.

Historic England: historicengland.org.uk

Further information about older houses and energy efficiency are offered on its pages: historicengland.org.uk/advice/your-home

historicengland.org.uk/advice/your-home/energy-efficiency

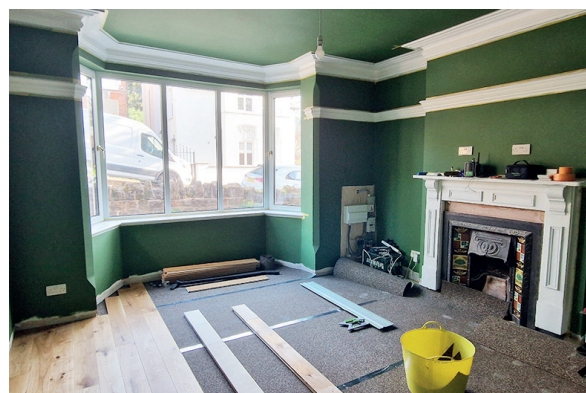
historicengland.org.uk/advice/your-home/energy-efficiency/making-changes-to-save-energy

The Energy Saving Trust: energysavingtrust.org.uk

ERIKA DIAZ PETERSEN



Our front room after internal insulation was added to two walls and the underside of the bay roof, followed by plasterboard, prior to plastering. Underfloor insulation and heating were also added to this room, and the whole ground floor, with a new concrete subfloor.



Our front room almost finished, after plastering, reinstating the existing picture rail, installation of a new cornice and painting, with new engineered wood flooring ready to be installed.



External view of our second floor bedroom after new windows and external wall insulation was installed over the solid brick wall, prior to rendering.



Our second floor bedroom exterior wall and windows after rendering over the external wall insulation.



News from the Cavaliers and Carrington Cricket Club

Dear Neighbours,

We at Cavaliers and Carrington Cricket Club would like to take a moment to reintroduce ourselves to you. Some of you may be new to the area and may not yet be familiar with our club, and for those who have been here longer, we want to ensure we continue fostering a positive relationship with the community.



As the largest and most successful cricket club in the Midlands, we are proud to operate four Saturday teams and an extensive junior setup for ages 5-16. Our junior program has been especially successful in developing young talent, with many players progressing to professional careers. Most recently, these include Rehan Ahmed (England), Fateh Singh (Nottinghamshire), and Farhan Ahmed (Nottinghamshire), all coming through our youth academy. Additionally, our Women & Girls (W&G) section has grown from

a community recreational grassroots initiative to competing in multiple indoor and outdoor leagues. We are making great strides in developing this further, ensuring that cricket is accessible and enjoyable for everyone in our community.

Over the years, we've always striven to build good relations with our neighbours, and we're aware that, in the past, we may have been a little relaxed in our approach. We'd like to take this opportunity to strengthen those ties and improve the way we connect with you moving forward.

One exciting initiative we are introducing is the opening of a shop and café at the clubhouse. We plan to open this on matchdays, offering a welcoming place where you can grab a coffee, have a chat, and enjoy some quality cricket. We'd love for you to come and join us whenever you have the chance.

In addition, we have taken your comments on board regarding the Tannoy being used during the game. You will be glad to hear that no Tannoy is used during league games and during any events we will have, we have taken the decision to limit the use of a Tannoy, or not have the Tannoy at all.

We will be organizing special open days specifically for residents. These events will provide an opportunity for you to meet club members, see the facilities, and enjoy a community-focused atmosphere. We want this club to be a hub for the whole community, and you — our neighbours — are at the heart of that vision.

All information regarding fixtures, events and other activities will be on our notice board at the gate of the ground so all residents are aware of what is going on at the ground through the summer. We are pleased to announce that we have entered into an agreement with the Hollygirt School to use the ground on a Tuesday through the summer between 1-2:30pm.

We also want to make sure that communication is easy. If you ever have any questions, concerns, or issues related to the club or its activities, please don't hesitate to reach out. We're committed to resolving any matters together and ensuring our relationship with you is one built on mutual respect and cooperation. You can contact any of the numbers below.

Finally, we want to remind those residents whose properties back onto our ground that we have traditionally charged an annual fee of £100 to allow access to the ground. We have not articulated this charge for the past couple of years, but we'd like to confirm that the fee will remain the same, with no increase this year. Additionally, if any residents wish to support the club, we welcome any voluntary contributions to help us continue to grow, maintain our facilities and provide access to our facilities at the ground for walking or running, but no dogs are allowed.

Club account details:
TSB Bank, Cavaliers and Carrington Cricket Club
Sort Code:
30-97-55
Account Number:
18987368

SHOAIB ASSAD
07838 987 373
Communications,
Marketing and
Sponsorship Lead, CCCC



Cavaliers & Carrington Team Fixtures 2025

All games played on the Clinton Mike Oval in Mapperley Park

07 June	Plumtree CC	1st Team
14 June	Collingham CC	1st Team
21 June	Kimberley CC	2nd Team
28 June	Hucknall CC	1st Team
05 July	Attenborough CC	1st Team
12 July	Cuckney CC	2nd Team
19 July	Clipstone CC	1st Team
26 July	Notts Unity Casuals	2nd Team
02 August	Notts & Arnold CC	1st Team
09 August	Caythorpe CC	2nd Team
16 August	Gedling Colliery CC	2nd Team
23 August	Kimberley CC	1st Team
30 August	Clifton Village CC	1st Team
06 September	Welbeck CC	1st Team



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Children's Cricket at the Cavaliers & Carrington Cricket Club

There is plenty of cricket going on at the club for children, and what a perfect opportunity to learn and play at the beautiful ground at the very heart of Mapperley Park! Contact **Samiah Haleem** on **07900 994 321**.

All Stars is for 5-8 years old.

Dynamos is for older boys and girls 8-11 years old.

Fridays 6-7pm Started Friday 9th May, and runs every Friday until 4th July, Cost is £50 for the entire course.



Women & Girls Cricket at the Cavaliers & Carrington Cricket Club

The Cavaliers and Carrington Cricket Club is keen to develop its Women and Girls side. It is one of the very few clubs in Nottingham to offer women and girls the opportunities to play cricket, and plans are currently in progress to improve facilities for women and girls in the clubhouse. This season's sessions for women and girls started on 7th April 2025, but you can of course still join in: **sessions run every Monday and Friday, 6-8pm**. Samiah Haleem, Women's and Girl's Lead and coach, warmly encourages you to come along and give it a try! Contact **Samiah Haleem** on **07900 994 321**.



Women's cricket (£60, excludes match fees) can be paid for at: <https://buy.stripe.com/aEU8y8724bsT6EoaEK>.

Girls' cricket (£40, excludes match fees) can be paid for at: <https://buy.stripe.com/9AQ01CODGcwXd2MfZb>.

Women of 18 years and over could receive 12 hours of free cricket activity through the 'Thriving Nottingham' programme. You can check your eligibility, and apply at this address: <https://forms.office.com/r/TrgHm2p17h>.

Move More Physical activity for
eligible female Adults (18+) Start
inq 7th April 2025



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In today's market you need to be sure you are making the right move. Let me and the FHP Living team market your property, help you find the home of your dreams and take you on a stress-free property journey.

FHP Living, have built a reputation for a friendly, honest and personal service, in The Mapperley Park area. We are your local, dedicated, personal property consultants, with an in-depth knowledge of your area.

**Let me help you find the perfect match for
your property.**

Jason Cook - MNAEA.
Director

T: 07876 396 010

E: jason@fhpliving.co.uk

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