



Mapperley Park News

By residents for residents

Volume 2 • Issue 01
November 2016



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We would love to see your photos of Mapperley Park so please get snapping!

Enter our bi-annual photography competition and 1 lucky reader will win a **£20 John Lewis voucher** by sending your picture, which must be at least 1Mb in size, along with a brief description, your name, address, the date and location of the photo to info@mapperleypark.org by February 28, 2017.

Please note All images submitted must be the work of the individual submitting them. It is the responsibility of each entrant to ensure that any images they submit have been taken with the permission of the subject and do not infringe the copyright of any third party or any laws. Entrants must warrant that the photograph they are submitting is their own work and that they own the copyright for it. Copyright in all images submitted for this competition remains with the respective entrants. However, in consideration of their providing the Competition, each entrant grants a worldwide, irrevocable, perpetual licence to Mapperley Park Residents Association to feature any or all of the submitted images in any of their publications, their websites and/or in any promotional material connected to this competition.

By residents for residents



The MPRA Committee -
Serving the residents of
Mapperley Park for 35 years.

Editors' Letter

Yes, we got the apostrophe in the correct place; the editing job on the magazine is now a combined effort of several committee members.

Welcome to the all-new Mapperley Park News run by resident volunteers for the benefit of residents. We now produce the publication within the committee outsourcing only the skills we don't have ensuring that all funds raised through the advertising return to your Mapperley Park Residents' Association for the benefit of the residents.

The committee would like to thank Suma Harding for her long service to the MPRA, more recently as joint Chair. She was custodian of the Mapperley Park News for many years. We wish her all the best in the future.

With the new publication, we are seeking to become more involved in the community and we hope to engage with you to bring us all closer together. The new look includes a new logo which has had much discussion and many revisions, it is difficult to please everybody but the ideas are that it had to be simple and represent houses and trees. We welcome your feedback by email (info@mapperleypark.org) or on the Facebook page.

Thanks to all the contributors who have helped give the new edition more content and thanks also to our loyal and new advertisers without whom the MPN would not exist. We welcome any local stories of interest and would like to hear any suggestions. Don't be shy, please email us or get in contact via the Facebook page.

Please do come and join us for Christmas drinks at the new Bakehouse in Sherwood on 15th December from 7:30 pm.

Merry Christmas to you all!

A letter from the chair

It's been a busy year for all of us on the MPRA committee.

We continue to produce Mapperley Park News twice a year. I hope you like the new format this time. We continue to add benefits to our Privilege Card and support resident members on planning, traffic and community issues.

We also meet regularly with our councillors to ensure that

our voice is heard. Our last meeting was in September & I'm pleased to report that we have gained commitment to more tree planting and also an additional leaf collection for this month, just for residents of Mapperley Park.

I would like to thank all my fellow committee members for their hard work during the year and to wish everyone in Mapperley Park best wishes for the festive season ahead.



An update by
MPRA Chair,
Sue Goode

If you have any stories or photographs you would like to share with us, or any ideas or contributions, please contact members of the MPRA directly or email info@mapperleypark.org. Our publication dates are May and November.

Gardening report 2016

There are not many certainties in life but the excellence of the MPGG’S Programme is one of them. Here are some of the highlights we enjoyed during 2016.

In January the group found paradise in St Jude’s church via a talk about the lost gardens of Heligan by Stuart Dixon.

The sun returned to the world in February so we visited Holme Pierrepont Hall to feast our eyes on the lambs & Snowdrops, all basking in the glorious Spring sunshine.

“Rough Winds” returned in March but we avoided them by nipping in & out of the Woodthorpe Park Nurseries to see them at work & to listen to an interesting talk about the changes the Park has had to make in order to survive in these testing times.

“Whan that Aprill with his shoures soote. The droughte of March hath perced to the roote”

Spring arrived – so as we had enjoyed a previous visit to Capability Barn we decided to return to Gonalston to one of our favourite gardens. There was much discussion as to how it might be possible to replicate some of the interesting features seen in this garden in our own gardens in Mapperley. These discussions were greatly aided by Tea & Cake.

By the time we arrived at the Wild Flower Farm in May most of the flowers had set

their seed & had retired to rest. After our investigations we too retired but to the café where we enjoyed excellent cake & tea.

June was a bumper month – we had two visits – the first, another return visit, this time closer to home. We went to see the changes Leslie had made to The Lodge & to enjoy wine & nibbles in her lofty & interesting garden.

The second – THE BIG TRIP – This year we hired a coach & set off to explore two idiosyncratic but beautiful gardens in Lincolnshire. First Aubourn Hall & second Easton Walled Garden. The driving force behind each were women determined to meld together an historic garden with a C21st one. Each had managed this wonderfully well so it made for a very enjoyable day out.

Idyllic July weather was reserved for our visit to Park Farm Southwell. This was an eye opener, 3 acres of remarkable gardening. The herbaceous borders of Kew or Wisley are longer but not as breath-taking as those of Park Farm. One can see the squared paper of a trained designer behind them. The borders of Park Farm are not constrained by such devices, they flow, they have soul.

August – The amazing thing about the Garden Group’s Programme is its ability to carry on offering amazing gardens for its members to visit. The August garden was another stunner, much smaller

than the Southwell one but packed with many attractive features you felt would translate well to your own small plot. The strength of this garden I think is in the placing & contrasting of plants, it gives courage & ideas to hesitant gardeners.



Our year was rounded off by a Plant Swap at Mapperley Hall in September & a Fungi Walk in Blidworth Woods in October. All that remains is to enjoy a talk on Echiums in November & visit Home & Gardens (Flora lands) for coffee, shopping & chat in December

If you fancy joining the group (£6 per family) contact us by phone or email, or drop into the Coffee Morning 11am on the SECOND MONDAY of the month. This is now held at The Fat Cat on the Mansfield Rd. Usually there is someone from the Garden Group Committee there to shed light on what we get up to.

Sheila Reece
0115 9621320 or
reece490@btinternet.com

Open Gardens

What a magic day, after a month of cold deluges someone relented (The Met Office or God?).

The rain stopped at 9:30 and did not return until 5:30. New and old garden openers rushed outside, gazebos at the ready, to primp their wonderful gardens and to shake the rain off all the trees and shrubs.

A careful read of the delightful Open Garden leaflet promised prospective visitors they were in for a unique horticultural & social experience. The map revealed where they could enjoy: a local history exhibition, a mown labyrinth, an improved Italian Garden, tiny plots packed with flowers and shady gardens dense with beauty.

They were shown where a large Victorian house with an amazing Edwardian conservatory rubbed shoulders (poetic licence) with a Gothic Revival edifice set in a Physic garden.

There were to be quizzes, an oboe trio, Mr Coronato, home made cakes, teas & tisanes, cold drinks & Champagne, plant stalls & tombola. What an afternoon!

The 2016 Open Garden event came to a happy conclusion at St Andrews Church on the evening of October 18th. Volunteers, Sponsors, Garden Openers & the Committee all gathered to see the cheques for £3,100 given to each of the charities: Maggie’s, Host Nottingham & Family Care. It was such a good evening, everyone seemed to enjoy themselves, the presentation & the refreshments. So the Mapperley Park Open Gardens 2016 was put to bed.

Sheila Reece



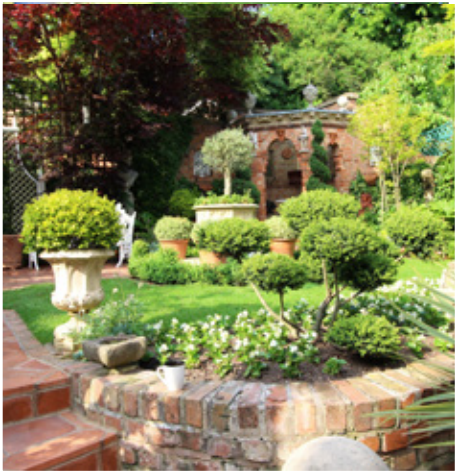
Malcolm and Michael win big!

Congratulations to our new Mapperley Park “A list” celebrity gardeners Michael Blood and Malcolm Bescoby.

The familiar faces in the local community have won the Daily Mail Garden of the Year. The prize was £2,000 and they now have a blue plaque for their home. The Italianate space was judged amongst others by Monty Don, the TV presenter.

It’s taken the duo nearly four decades to transform the space into a much used garden where Malcolm and Michael enjoy dining and a glass of wine.

Thanks for sharing this with us at the Mapperley Park Open Gardens too. Mapperley Parkers keeping us on the map!



Dates for your diary...

Nov 26, 2016 • 19:30

JS Bach Oratorio

St Mary's Church, Lace Market
Conductor Paul Hale. £16.00 (u18s and registered full-time students £6.00)
Available from Nottingham Tourism Centre, Smithy Row and Windblowers.

Dec 03, 2016 • 11:00-15:00

Maggie's Christmas Fair

Stalls for presents and stocking fillers, refreshments. At Maggie's Nottingham, Gate 3, Nottingham City Hospital Campus, Hucknall Road.

Dec 07, 2016 • 18:30

Carols by Candlelight

Join Maggie's Nottingham to celebrate the festive season. St Barnabus Cathedral, North Circus Street.

Dec 12, 2016 • 18:30

STANRRRA meeting

Wells Community Centre.

Dec 18, 2016 • 16:00-18:00

Chistmas in the Arboretum

Lit trees, live festive music, children's activities and refreshments. Entrance on the corner of Arboretum Street and Waverley Street.

Feb 04, 2017 • 10:00-16:00

Patchwork for Pleasure

An exhibition of quilts and small patchwork. St Andrew's Church, NG3 5AD. Refreshments and free admission.
patchworkforpleasure.co.uk

Term time Monday mornings

Good Neighbour/ Free 4 All session

Join us at Wells Community Centre, The Wells Road.

Mon • 09:30-12:00 & Fri • 13:00-15:00

Job Club

Walter Halls Children's Centre.

April 26, 2017
19:30 onwards



MPRA AGM

Join us for the Mapperley Park Residents' Association Annual General Meeting. Magdala Lawn Tennis Club, Magdala Road.
More details on page 13.

Every Monday • 17:00-19:00

SuperKitchen

3 course meal for £3.50. Hill View Community Centre, Ransom Road.

Light up a Life

Remembering those who've passed away with carols and tree light dedication.

Nov 27, 2016 • 15:30

Nottingham Castle

Dec 04, 2017 • 15:00

Nottinghamshire Hospice



Masala Junction

Earlier this year the former NatWest bank on Mansfield Road was transformed into a new Indian fine dining restaurant.

Masala Junction opened its doors for the first time in May 2016 and Mapperley Park residents were lucky enough to be invited to sample the menu. Naj Aziz and his wonderful team went above and beyond with the delicious taster menu and everyone who attended thoroughly enjoyed the fine food and wine. I have been several times since, as I know many of you have. If you still haven't been then you absolutely should, especially as it's on our doorstep.

Donna Lester



The Queen's 90th Birthday Celebration

On June 12th we celebrated the Queen's 90th Birthday with a family picnic event in the beautiful grounds of the Nottinghamshire Hospice.

The weather was against us but it didn't curb the enthusiasm and plenty of fun was had by all who attended. Entertainment included face painting, a drumming workshop, games in the garden, a well stocked bar and wonderful music provided by the Nottingham High School girls' choir and Highly Strung Guitars. The Hospice raised £210 on the day which went towards supporting their patients in day therapy and supporting their family carers to take a break.

Old ciné film Photos Slides VHS video Camcorder tapes

Do you have old Photos, Negatives, Slides, Documents, ciné film, camcorder tapes or VHS video in a cupboard or the loft, with childhood memories, parents, babies, children, holidays, weddings, special occasions or just very important memories ???

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After BBC Young Musician

On 15th May 2016, Sheku Kanneh-Mason from Richmond Drive, Mapperley Park, won the coveted title of BBC Young Musician 2016.

In the grand Final at The Barbican, Sheku played Shostakovich Cello Concerto No 1 with the BBC Symphony Orchestra, receiving a standing ovation from the packed concert hall. The competition final was shown live on BBC TV with a two hour delay. This meant that family

and friends who had travelled to London to be in the audience (including headteacher and teachers from Trinity School) had to try very hard to keep away from texts and social media to keep the secret until the programme was aired!

Since then, life has become extremely busy and a little crazy for Sheku. With

interviews and articles in The Daily Mail, The New Statesman, The Guardian, The Times, The Observer, front covers on the magazines: The Music Teacher, Classical Music Magazine and ESTA magazine, and forthcoming television appearances including The One Show and the BBC4 documentary about Sheku and his family: Young, Gifted and Classical (November 2016), there is very little down time. Sheku's concert schedule has become very full, nationwide and international.

He appeared on BBC Proms, playing Haydn's Cello Concerto in C, made his debut at The Royal Festival Hall and will return to The Barbican as part of

The Kanneh-Mason piano trio, and as a concerto soloist with The National Youth Orchestra in April. Concerts are lined up through to the end of 2018, including with The City of Birmingham Symphony Orchestra, The BBC Symphony, The National Orchestra of Wales and the National Orchestra of France. Sheku travels to the USA, Canada, Germany, Guernsey and Switzerland for concerts in the next few months. In order to organise Sheku's concert schedule, he has moved from the YCAT agency to the international Kathryn Enticott music agency, which has been extremely helpful.

The most exciting development has been Sheku's signing with Decca Classics (Universal). Sheku has a contract to initially record three albums, along with some shorter recordings. In Autumn 2017, he will begin the process of recording Shostakovich Cello Concerto No 1. Along with the busy schedule of his brothers and sisters (including the piano trio engagements and invitations for the Kanneh-Masons to perform internationally), Sheku is determinedly trying to focus on his A Levels in Maths, Physics and Music at Trinity School.

Watch out for Sheku on the back of the 77 bus!



Guide Dog puppy walking

With the Trimble Family

Some readers will have spotted us walking our Guide Dog puppies around Mapperley Park and Sherwood, and attending events such as the Queen's Birthday Party at Nottinghamshire Hospice.

We have had two puppies: Charlie is now a fully fledged guide dog in Chorley, while Winston is still in training. Bringing up, and training, these dogs has been a wonderful experience, which we would recommend to anyone.

The Guide Dogs for the Blind Association is a charity, founded in 1934. They first recruited puppy walkers in 1956, and a few years later began a breeding programme. It is now a national organisation with four Guide Dog Training Schools, the nearest of which are at Atherton and Leamington. Those of us of a certain age will remember collecting milk bottle tops for Blue Peter

in the mid-1960s to fund two guide dog puppies, Cindy and Honey. They still rely on charitable contributions, and on their many volunteers.

Volunteer puppy walkers play a key role in the early socialisation and education of guide dogs. You receive the puppy aged 6-8 weeks and they stay with you until they're 12-14 months old, when they transfer to a specialised training centre. They then go through around 26 weeks training, including four weeks of training with their new owner.

For more information about Guide Dogs, how to become a puppy walker, or to sponsor a puppy, check out: www.guidedogs.org.uk

Charlie was a yellow labrador, and Winston a lab / retriever cross, the commonest guide dog breeds. They also train labradoodles and german shepherds. All the dogs are carefully bred and selected, and have close veterinary supervision during their first year. The Guide Dogs Association pay all the vets' bills, provide leads, coats, and dog car seat harnesses, in addition to all the food, which is delivered to your door.

The job of the puppy walker is to give the puppy a welcoming home, and to rear them with a blend of affection, control and supervision. Throughout the year you will receive regular visits from your Training Supervisor, and will be expected to attend puppy classes once a fortnight. You must train your puppy to take their food only on command and also go to the toilet on command. They must never be given human food, but can have dog 'tidbits'

as training rewards. In truth, it is the puppy walker and their family that need training, and we have learnt a great deal, which we will use if and when we get another puppy.

Guide dog puppies have to learn to socialise and are therefore taken to places where dogs don't often go, such as public transport, shops, restaurants, and the workplace. We took both dogs away on holiday to the coast – which they loved.

We are often asked how we can bear to part with our lovely dog and the truth is

that it is hard. However, you know from Day One that they will be leaving, you realise they are working dogs, and that they are hopefully going on to transform a blind person's life.

Puppy walking is a commitment and there are various requirements to meet, not least the time commitment, as young puppies cannot be left for more than a few hours at a time.



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Save The Date!

The Mapperley Park Residents' Association Christmas Social

Where? The Bakehouse, Sherwood

When? Thursday 15th December 2016

Time? 7:30PM +

For further information and bookings, please contact Donna Lester, our social secretary, at lester.d@btinternet.com

We wish you all a Merry Christmas and a happy new year!

For further updates please join our community Facebook page

 **Mapperley Park Residents' Association**



Resolve Disputes Quickly and Cost Effectively Through Mediation

Dispute is a trying time for us, at some point in our lives we will all disagree with others and managing this effectively can prevent escalation and painful situations. To take a dispute to court is incredibly stressful both mentally and financially. Mediation is my alternative dispute resolution speciality. It's a fraction of litigation costs, over in a day or less and I cannot emphasise enough how much stress is avoided. Mediation can be used at any point but sooner is better, it has an extremely high success rate and even on the rare occasions an agreement is not achieved the scene is set so that most cases will settle shortly after. The courts look upon Mediation very favourably and encourage it; they could take this in to consideration when awarding costs.

The mechanism is relatively simple. I will have a statement in advance from each party. On the day, we have meeting rooms booked with refreshments. I make sure everybody is as comfortable as possible. I lay down some ground rules and each party will state their position. The parties move to separate rooms for confidential conversations where I can get a feel for potential routes to resolution; I may ask the parties to share some information to facilitate agreement. This process goes back and forth several times typically lasting between 2-6 hours. The session is confidential and without prejudice so that nothing can be used later should the case go further; this encourages a free flow of ideas and gives people some security. We culminate with a group meeting where legal agreements are drafted. On signing documents the relief in the room is palpable and sometimes people are in tears of relief with the closure.

Next time you have a disagreement with your business partners, client, builder, children's school or anyone else, think it through first and try to resolve it right away.



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Alisdair Butler, ADRg Mediator and Mapperley Park resident
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Nottinghamshire Hospice shines a light in memory of loved ones

Local charity Nottinghamshire Hospice will be holding two 'Light Up a Life' events during November and December for families and friends from Nottinghamshire to celebrate and remember the lives of loved ones.

The Light Up a Life events take place at Nottingham Castle on Sunday

27th November at 3.30pm and at Nottinghamshire Hospice on Sunday 4th December at 3pm, providing the opportunity to celebrate and remember those who've passed away by dedicating a light on special Christmas trees which will remain lit over the festive period. The trees will be lit during ceremonies at the events, followed by readings and Christmas carols.

Jean Edwards, whose husband Paul was cared for by Nottinghamshire Hospice, said: "I'm supporting this appeal because of the kindness, loyalty and professionalism the Hospice nurses gave to us. It gives me great comfort to know that by supporting Light Up a Life, it will enable the Hospice to continue providing care and support to others who need it."

Based on Woodborough Road, Nottinghamshire Hospice cares for people with life-limiting illnesses as well as their families and carers, through a Hospice at Home service across the county, and Day Therapy including complementary therapies, activities and counselling. Events like Light Up a Life ensure that the Hospice can continue to be there for people in Nottinghamshire, at the most difficult time in their lives.



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Join the Residents' Association for £5

By residents for residents

We rely on your membership fees to pay for all the things we support. For example, in recent years we have contributed significant sums of money in match funding to the City Council for replacement street trees.

To join the Mapperley Park Residents' Association costs £5 each year. The year runs from 1 January. In return, all members receive access to the community Facebook page and a **Privilege Card**, allowing you discounts at various outlets throughout the City. A full list of discounts can be found at... mapperleypark.org/about-the-association/loyalty-card.

Your subscription ensures we have a great community for the future of our children. Thank you!



Join us for the next MPRA Annual General Meeting...

Where? Magdala Lawn Tennis Club, Magdala Road

When? Wednesday 26th April 2017

Time? 7:30PM

We will have representatives from Nottingham City Council and the Nottinghamshire police force. Please come along, enjoy a glass of wine or soft drinks, and meet you neighbours.

Residents' Association Annual Subscription Form

If you are paying £5 by cheque, cash or online payment, please fill in Form 1. To pay by Standing Order, fill in Form 2. Return both forms to: MPRA, 34 Thorncliffe Road, NG3 5BQ. We will forward the SO form to your bank. Please complete either form with capital letters.

Form 1

I apply for / wish to renew membership of the Mapperley Park Residents' Association. I enclose my subscription of £5 for the year 2017. (Please make cheques payable to MPRA) or, I have sent an online payment (delete as appropriate).

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Please submit all application forms to our committee member for Membership, Mark Cox, at mark@dpemberton.com



A restaurant you can bank on!

It's now just over six months since the launch of the newest and spiciest edition to the restaurant scene and it's true to say that Mapperley Park's own Masala Junction has settled in well.

On the site formerly occupied by the Nat West Bank, the iconic building has provided a wonderful, warm home to this fine dining Indian. Subtle exterior lighting gives way to a characterful,

open restaurant full of easy charm and friendly service. Comfortable yet elegant seating and unobtrusive music allows diners to enjoy each other's company and conversations. Splashes of colour provided by the soft furnishings adds contrast to the wooden structures such as the bar and elegant archway. It takes a serious amount of effort to appear to offer something so.. well... easy.

The comprehensive menu is a reflection of a love for mouth-watering home cooked Indian food combined with the best dishes of any Indian restaurant. Check out the 'special Desi Dish' offering an exciting and flavourful insight to special occasion village dishes and the 'special Tika Tak', a wonderful interpretation of Lahore street food.

All dishes are beautifully presented with traditional favourites to innovative creations. Homemade chutneys, sauces and relishes are also a delight.

Carefully selected wines, designed to suit the spices and flavours delivered by the

kitchen, run alongside a great choice of beers – some locally brewed – spirits and soft drinks.

Masala Junction has now introduced its own takeaway menu – available for collection or delivery early evenings – so now you can enjoy this delicious food in the comfort of your own home if, for whatever reason, you can't get to the restaurant.

And with Christmas just around the corner, why not enjoy a festive get together with friends, colleagues or family with our mouth-watering Christmas party menu.

Check out the website for more details.

Masala Junction, 301 Mansfield Road, Nottingham NG5 2DA

T. 0115 962 2366 / e. info@masalajunction.co.uk
co.uk / www.masalajunction.co.uk
Open: Mon – Thurs 5.30pm – 10.30pm /
Fri & Sat 5.30pm – 11pm



EAT DRINK ENJOY

your get together with friends, colleagues or family this festive season with our mouth-watering four course Christmas party menu.

Our beautiful dining room seats up to 55 guests for your festive fun, and our party room up to 30. See our website for the menu and further details, to book call 0115 962 2366.

NEW! - Takeaway service available, see magazine insert for details
www.masalajunction.co.uk / 301 Mansfield Road Nottingham NG5 2DA

MASALA junction

Kids Corner!



Who hides in the bakery at Christmas?

A mince spy

What do you get if you cross an apple with a Christmas tree?

A pineapple

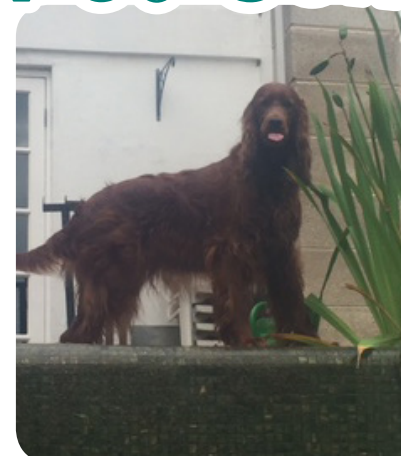
What did one snowman say to the other snowman?

Can you smell carrot?

How does Good King Wenceslas like his pizzas?

Deep pan, crisp and even

Pet Competition



Meet local resident Ella pulling a very silly face.

She is a 4 year old Irish Red Setter. She likes long walks in Blidworth Woods especially as she gets a sausage from the food van at the end of her walk.

Do you have a daft doggy? A barmy budgie? A crazy cat? A silly snake? We love all animals so send us their photo and 1 lucky reader will win a **£20 voucher to spend at Waterstones!**

Send your picture, which must be at least 1Mb in size, along with your name, address and a brief description of your pet to info@mapperleypark.org

Entries close February 28, 2017.

All images submitted must be the work of the individual submitting them. It is the responsibility of each entrant to ensure that any images they submit have been taken with the permission of the subject and do not infringe the copyright of any third party or any laws. Entrants must warrant that the photograph they are submitting is their own work and that they own the copyright for it. Copyright in all images submitted for this competition remains with the respective entrants. However, in consideration of their providing the Competition, each entrant grants a worldwide, irrevocable, perpetual licence to Mapperley Park Residents Association to feature any or all of the submitted images in any of their publications, their websites and/or in any promotional material connected to this competition.



Minton Tile Restoration

One of the challenges of living in a conservation zone is keeping the character of the buildings intact whilst keeping up with all the mod cons of modern life.

Pretty much all of us have fallen in love with Victorian or Edwardian buildings but pretty much none of us would dispense with washing machines, central heating and indoor toilets. Each one of us has in our houses several stories to tell of how we have managed to keep this balance of owing a debt to the past while enhancing our house for the future. I'm intrigued to hear them all so thought I'd get the ball rolling with my own little DIY adventure.

When we moved into our new house in Mapperley Park a lot of the rooms had been tastefully decorated by the previous owners and there was generally not much we needed to do. The one change that we knew we had to make was to remove the carpet from the downstairs hallway and to sand back the floorboards. Most of the downstairs rooms were already tiled or

sanded and it would mean we wouldn't have to worry about guests keeping their shoes on. When we lifted up the carpet we discovered to our delight that under the carpet was the original minton tile floor. This turned to horror when we realised that every square inch of tile was covered in adhesive, that

about a quarter were missing, the missing spaces were filled with cement and quite a few were cracked or chipped.

Step one was the clean up. I tried all sorts of methods and chemicals, heavy duty tile cleaner and mopping had no effect as did paint remover and brick acid (really not recommended). Only specialist evo stick adhesive cleaner did anything and that just rendered the adhesive into a chewing gum like paste. The only thing that really worked was a wallpaper steamer, a stripper and about 3 weeks hard labour. I did reuse the adhesive cleaner to mop up any small bits left over by the steaming and scraping and paint remover did work really well on the adhesive used to stick down the wooden carpet grippers.

Step 2 was patching the missing tiles. Most of the cement in fill was easily dispatched with a sledgehammer and masonry chisel. One tough bit near the stairs needed a bit of matrimonial trust as one of us held the chisel in place... Replacement Minton tilers are fortunately a lot easier than I feared to get hold of. There are several restoration yards in Notts and the Original Style range from EMC tiles on Hucknall Road has totally accurate reproductions of the originals. They are about 2 mil thinner though,

I learned this to my cost on a small patch that I now refer to as the "minton cobbles". If copying this don't be fooled into following the outline left by the Victorians/Edwardian tiler, use a lot of self mixed adhesive on single tiles and if there is a large area screed it first with floor leveller.

Step 3 just before grouting I needed to fill in the chips and small hairline cracks. The best thing for this is milliput, coloured epoxy resin that is mouldable like plasticine but sets as hard as rock. You can get it in terracotta, grey, black, white and yellow. None of these colours were exact colour matches for the tiles so I had to mix a few colours together to get the exact match - close up you can tell but not from standing.



After this I was finally at the normal stage of grouting, sealing and polishing just like any other tiled floor. It was a long old slog and at several stages I was cursing myself for taking the carpet up but it was well worth it in the end. I hope you find this interesting/helpful and it inspires you to restore, repair or install a period tiled floor. I look forward to reading about someone else's project in the next issue.

Ewan Lamont



Pat Groves, the travelling dentist

Uganda is a poor country in East Africa. Life expectancy is 55 and 40% of the population live on less than £1 a day.

It has an estimated population of 38,000,000 and 300 dentists, many working in Kampala or other cities. 84% of Ugandans live in rural areas where there is no public transport so access to medical and dental care is difficult.

My attempt to help involves taking a portable dental chair and a bag of kit out to the villages. I have been to the same town in Western Uganda 6 times now. I work with local charities who take me

to schools, usually about 90 minutes' drive away, where often no dentist has trodden before. The method that seems to work best is to get all the children in a class who have dental pain brought to me and I work through in 4s, numbing 4, extracting the painful teeth in 4 then checking for bleeding before giving them a toothbrush and toothpaste. Then they go back to class. This way I manage around 40 extraction patients a day.

The pleasure I get from doing this is huge, relieving someone's pain must be about the best thing one can do, I am so lucky to be able to help.

On noise pollution

Having lived happily in Mapperley Park for fifteen years, we are used to the background noise of city life.

Yes, we're quite accustomed to the emergency sirens which come at all hours, the monotonous bass thud from events on The Forest and even the cackles of drunks plying their way home in the early hours. And dare I say it, but things have been much quieter since The Forest was cordoned off and the boy racers had to find somewhere else to race and rev their cars.

But nothing was to prepare us for the hell which was unleashed on our ears last year, when a nearby property's burglar alarm proceeded to sound for no fewer than THREE DAYS. The flat concerned

was tenanted by someone who clearly did not know how to operate the contraption or how to get her landlord to shut it up. In fact, her solution to the problem was to literally abandon ship for hours at a time and hope for the best when she returned.

Of course, this problem happened at night and over the weekend, and that our cluster of houses thus became the victim of a game of 'pat ball' between the City and the Police switchboards - each saying that we should call the other and neither showing any real concern for the frayed nerves of those of us who endured successive nights of interrupted sleep. Indeed, when the Police did eventually pin the tenant down, they showed more concern for her lack of a functioning intruder alarm than for her neighbours who had endured the pesky siren and were not far off brandishing burning pitchforks!

A kind letter from Councillor Rosemary Healy who subsequently investigated the whole fiasco for us confirms:

- **Use the Police non-emergency number, 101, to report nuisance external alarms.** A CPO will be tasked to investigate and liaise with the owner or occupier.
- **If contact cannot be made,** then the CPO will arrange for the alarm to be silenced under the provisions of the Clean Neighbourhoods and Environment Act 2005.
- **For internal alarms,** the CPO will refer the case to the Environmental Health and Safer Places Team who will apply to the Court to enter the property and use reasonable force to silence the alarm.

The residents of St Andrew's Road, Thorncliffe Road and Minster Court wish you a good night's sleep - but please, check when your alarm was last serviced before you turn out the light.

Mark Cox



The committee's aim was to try and work with the council to develop a sustainable plan that for every tree removed a stump would be replaced. That aim remains today. However, we have enjoyed success in getting over 30 stumps replaced and new street trees planted typically

with a variety of Maple that will not grow too large and has the added attraction of providing interest through the year with colourful leaves especially in the spring and autumn.

At the September MPRA Committee meeting two of our local councillors; Rosemary Healy and Leslie Ayoola, attended and they informed the committee that a further round of stump replacements will take place towards the end of 2016 and early 2017. All of the funding for this work is coming from the City Council and the streets where stumps will be replaced include Tavistock Drive, Zulla Road, Tavistock Avenue, Lucknow Road and Cyprus Road.



Once this round of replacement trees are planted we will have overcome the backlog. Going forward MPRA will continue to monitor and identify new stumps that will need to be replaced helping to preserve the tree lined streets of Mapperley Park.

David Podesta

Trees

Since 2011 the MPRA has lobbied and worked with the City Council to replace the one metre high tree stumps that were proliferating in Mapperley Park.

The stumps are left when a tree needs to be removed due to disease. With a large street tree population, the majority being mature trees, if nothing was done, the committee was concerned that this had the potential to negatively impact the urban environment we are fortunate to enjoy in Mapperley Park.



An update from Chris Leslie MP

The local NHS is well-respected but also increasingly well-used. Much focus in the news is on the hospitals, QMC & City Hospital, and of course on accident & emergency waiting times.

But the frontline of healthcare is of course the local GP practice. I have been contacted by a number of local residents in recent weeks regarding the closure of Mapperley Park Medical Centre.

The practice had been in special measures since June 2015 following a Care Quality Commission inspection which raised concerns in areas such as record keeping, systems and processes, and has now been closed temporarily while changes are made.

I know from emails I have received that many residents feel that Dr Stevens and his surgery offer a high level of care, and disagree with the CQC’s assessment. The CQC has an important job to do in ensuring patient safety, but I would hope that there would be flexibility to take account of good practice and patients’ views. Anyone who would like to express

their views on the closure should write to NHS England and the CQC and ask for their concerns to be addressed.

The contact details are:

NHS England

PO Box 16738
Redditch
B97 9PT
england.contactus@nhs.net

CQC National Customer Service Centre

Citygate
Gallowgate
Newcastle upon Tyne
NE1 4PA

I will continue to follow this closely and listen to the views of local people on this matter.

Suspended Service for Mapperley Park Medical Centre

Care at Mapperley Park Medical Centre was suspended in September pending a review in December leaving hundreds of people in Mapperley Park without access to their GP.

The practice was put into special measures by the Care Quality Commission (NHS service watchdogs) in June last year after an inspection branded the practice ‘inadequate’. A follow-up inspection found the surgery had not made sufficient improvements. Patients remain registered with the practice but should now access GP and nursing services from the Victoria and Mapperley practice at two locations in the City during the temporary closure.

Patients are frustrated by the loss of service and being kept in the dark about the reasons for the closure and when exactly the practice is due to reopen. In response to queries from residents Linda Hirst the Inspection Manager from the Derbyshire and Nottinghamshire Team has replied:

“I fully appreciate how unsettling it must be to have the practice close without full details about why this has taken place. Taking a decision to temporarily close a practice is never one we take lightly as we have to consider the impact this will have on patients...I understand you wanting to know why we have taken this action but we cannot comment at this stage and this is to protect Dr Steven’s rights. Dr Stevens

has the legal right to appeal against our decision to an independent tribunal, he also has the right to see the report on our inspection and to comment on the factual accuracy of it before we publish it.”

The published report can be found at: cqc.org.uk/location/1-506812065/inspection-summary#overall. Some local residents have started a campaign to reopen the practice. They are incensed not only by the lack information but that the first report was filled with seemingly petty points, conflicting statements and generally positive comments about the service.

Local resident Nick Wood has created a facebook group to support the practice and written to Mapperley Park News:

“The Care Quality Commission (CQC), says the practice is ‘inadequate’. Any of the patients will tell you that nothing could be further from the truth. Even the CQC have to concede the service is consistently rated 10% above the national average for care. Why has the practice been suspended? Why are 2000+ patients without the GP they respect and trust? No-one will tell us.

If you go on to the CQC website (www.cqc.org.uk) you will see their March 2016 report. Patient approval on every aspect of his work is above average. Some of the failings are ludicrous. On one day, the angle of the computer meant, possibly, had you leaned through the receptionist’s

window you could have read the screen. That would be a good trick – without standing on a chair.

We can’t find out what caused the suspension or when the practice will re open. We started a Facebook page that within a few days gained 100 members – **Support Mapperley Park Medical Centre** – we support Dr Stevens and we want him back. If you do too, please find the page and help us get our GP back.”

We can only assume that the practice will reopen as soon as Dr Steven complies with the requirements set or if the CQC interpretation of the guidelines was deemed wrong or heavy handed. Patients at the Mapperley Park Medical Centre that need an appointment with a GP or practice nurse can contact the Victoria and Mapperley Practice at either Victoria Practice in Glasshouse Street (0115 883 9080) or Mapperley Practice, 858 Woodborough Road (0115 969 1166). Patients with queries or concerns can contact the Patient Experience Team at Nottingham City CCG by calling **0115 883 9570** or sending an email to patientexperience@nottinghamcity.nhs.uk.

Residents unhappy with the CQC process can contact them here:

Email: Enquiries@cqc.org.uk

Telephone: 07789 87574

Mail: Primary Medical Services and Integrated Care Directorate, Care Quality Commission, Central Region, CQC (Central Region) Citygate Gallowgate, Newcastle upon Tyne, NE1 4PA

Ewan Lamont

Notes from Our Councillors...

Trees update

You may have noticed around Mapperley Park that there has been tree work taking place over the past few weeks. This is down to the Councillors putting funding in to deal with some “problem trees” in the ward.

Nottingham City Council urban forestry strategy states there must be two trees replanted for each one lost. Bearing this in mind we are now in a position to start looking for places to re-plant within the ward and we are asking for any suggestions to be sent us by Fri 18th Nov.

We are also aware of some stumps around the ward on Highways and we are working to remove these and replace with an appropriate tree in the same location. We have 12 replants to do and we would hope to get this completed this winter, if possible.

Lucknow Drive Roundabout

Preliminary designs for the Lucknow Drive traffic island have been drawn up and some tree types suggested but everything hangs on a depth scan that is being done to see how far below the surface the utilities are running. This will have a direct implication as to what can be planted on the traffic island.

Leaves

It’s that time of year again when collecting fallen leaves become a priority in the area and it only takes a couple of windy days to create real problems.

To put it into perspective last year the Council collected over 700 tons of leaves across the City and on just 2 days collected 5.5 tons from Lucknow Drive alone. There’s a special garden bin collection for Mapperley Park residents on the 21st November after which they’ll be no more until next year. Can we ask residents to not sweep leaves onto the pavements and roads as it can block drains and gulleys

Crime

We’re pleased to report that crime in the area, indeed throughout the city, is at lower levels than we’ve seen for several years.

However, we are getting reports of a return of prostitution in the Mapperley Road/Mansfield Road area. It’s only occasional reports of single prostitutes at the moment but we don’t want to see it return to the levels we had in the past.

There is a dedicated Police Prostitution task force operating in the area and we ask residents that if you see any prostitution

then please report it immediately to PC Piliero on **07595073970** or **101**.

Traffic Control

Residents report to us that the introduction of the Mapperley Road/Chestnut Grove parking scheme is proving to be a welcome success story.

There are concerns about the knock on effect with increased car parking now being seen further along Mapperley Road towards Woodborough Road and we’ll need to keep monitoring that.

It’s always the case, however, that when traffic is curbed in one area it has a knock on effect elsewhere. We have had reports about speeding vehicles along Mapperley Road and we’re looking into what we can do to slow traffic down.

Please send any comments/suggestions/questions to us at...

chris.tansley@nottinghamcity.gov.uk
leslie.ayoola@nottinghamcity.gov.uk
rosemary.healy@nottinghamcity.gov.uk



A minute with...

Introducing your committee to you



Ed Davys,
Member of
the Mapperley
Park Residents’
Association
Committee.

Who are you?

I’m Ed, I’m originally from Nottingham and have lived in Mapperley Park for 10 years. I work for British Airways based at Heathrow Airport.

What was your first job?

I was a Saturday boy at Boots, the Chemists.

What’s your guilty pleasure?

That second slice of brownie when I’m out on my bike.

What did you want to be when you grew up?

An inventor; I always liked playing with electrical things and making circuits.

What is your favourite overseas destination?

Japan; I fell in love with it the first time I went and have been many times since. I have had Japanese lessons and I love the culture, creativity, people and cuisine.

Sports Desk



United Skates

Local figure skater **Alexa Butler** made the most of her summer holidays this year.

The 8 year old from Mapperley Park who trains for 14 hours a week with the Academy at the National Ice



Centre in Nottingham flew to the United States for six weeks of specialist training sessions at Jacksonville’s Ice and Sportsplex in Florida. Under the guidance of US Olympic and World Coach Karl Kurtz she balanced intensive ice skating sessions with some well earned days off at the beach with her family.

Alexa’s hard work paid off when she returned to the UK in September to compete in an International competition held in London. She placed 4th out of 24 competitors just missing the medals. A major result nonetheless as she had never competed before at any level!

This talented young lady has previously been recognised by the National Ice Skating Association as having future potential in the sport. She was also scouted by ITV’s show Britain’s Got Talent but her family felt she was too young to participate at the time.

Watch this space!

Ice, Ice Baby

Not to be outdone by his older sister **Alexa**, **Charlie Butler** spent his summer holidays in Florida doing what he does best. **Skating fast!**

Charlie started ice skating and had his first ice skating boots aged 1! The pocket rocket now aged 5 trains at the National Ice Centre with the Nottingham Puma’s (the under 9’s ice hockey team).

He didn’t want to be left out in the United States so he trained with the Mini Bolts Ice Hockey Team an



affiliated training club of NHL Tampa Bay Lightning at Daytona Ice Arena.

On his return to the UK Charlie has just played in his first Puma’s match, an exciting away game in Coventry.

We’re the Nottingham Pumas!

Never miss a match!

Nottingham Forest Football Club

vs **Wolverhampton Wanderers**
Sat 17 Dec, 2016 • 15:00

vs **Barnsley**
Mon 02 Jan, 2017 • 15:00

Notts County Football Club

vs **Doncaster Rovers**
Mon 26 Dec, 2016 • 15:00

vs **Carlisle**
Sat 31 Dec, 2016 • 15:00

Nottingham Rugby FC

vs **Richmond**
Sun 11 Dec, 2016 • 15:00

vs **Yorkshire Carnegie**
Mon 26 Dec, 2016 • 14:00

Nottingham Panthers

vs **Steelers**
Tues 27 Dec, 2016 • 16:00

vs **Blaze**
Sat 31 Dec, 2016 • 15:00

Please send your sports news, fixtures etc. to info@mapperleypark.org

Useful Contacts...

Churches

Mansfield Road Baptist Church
Gregory Boulevard/Sherwood Rise
0115 960 4304 • Morning Worship – Sun 10:30

Sherwood Methodist Church
Devon Dr/Mansfield Road • 0115 962 2616
Main services Sunday at 10.30am

St. Andrews C of E
Chestnut Grove • 0115 912 0098
Main services Sunday at 10.30am

St Augustine’s Catholic Church
Woodborough Road • 0115 950 6693
Mass Sunday at 11am

St John’s C of E
Mansfield Road, Carrington • 0115 962 1291
Main service Sunday at 10am

St Jude’s C of E
Woodborough Road • 0115 985 6131
Sunday traditional service 9.15am

Council

NCC Switchboard 0115 915 5555

Councillors

Chris Tansley 07534 943471
chris.tansley@nottinghamcity.gov.uk

Leslie Ayoola 07508 492381
leslie.ayoola@nottinghamcity.gov.uk

Rosemary Healy 07534 344699
rosemary.healy@nottinghamcity.gov.uk

Surgeries – St Ann’s Valley Joint Service Centre, Livingstone Road, NG3 3GG
Wednesdays 6pm–7pm – Saturdays 10am– 10.30am by appointment

Dentists

Holly Tree House Dental Practice
0115 962 2882 • 334 Mansfield Road

Doctors

Sherrington Park Medical Practice
0115 985 8552 • 402 Mansfield Road

Sherwood Health Centre
Elmswood Gardens, Sherwood
0115 985 8822

Library

Sherwood Library
Spondon Street • 0115 915 2827

MP (Notts East, Labour)

Chris Leslie
chris.leslie@parliament.uk

Newsagent – Delivery

MJ News
347 Mansfield Road • 0115 844 0222

Pharmacy

Carrington Pharmacy
343–345 Mansfield Road • 0115 960 5453

Police

In emergency only 999
Otherwise 101

Antonia Proudley PCSO 4691
07595 074218

Post Offices

Sherwood PO
607 Mansfield Road

Sherwood Rise PO
41 Beech Avenue

Public Transport

Citycard Cycles
0115 876 1300

East Midlands Airport
0800 083 8759

East Midlands Trains
03457 125 678

Nottingham City Transport
0115 950 6070

Nottingham Express Transit (Trams)
0115 942 7777

Social Groups

Coffee Mornings
Meets second Monday of each month, 11am, at The Fat Cat, Mansfield Road.
mpcm@manxlines.co.uk

Mapperley Park Book Club
Stasia French •0115 910 7644 •
Meets monthly at residents’ homes

Book Club 2
Sheila Reece • 0115 962 1320 • Meets on 3rd Wednesday of month, 1pm to 3pm

Mapperley Park Tennis Club,
Carisbrooke Drive • 0115 969 1278

Magdala Tennis Club
Magdala Road • magdalatennis.org.uk

The Nottingham Bridge Club
Mansfield Road • 0115 960 7992

Utilities (Emergency)

Power cut? Call 105

Electricity: Western Power distribution
0800 678 3105

Gas: National Grid
0800 111 999

Water: Severn Trent Water
0800 783 4444



The Mapperley Park Residents’ Association

info@mapperleypark.org

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Sue Goode

Treasurer
David Hughes

Membership
Mark Cox

Trees
David Podesta

Planning
Mike Reade

Social Events
Donna Lester

Crime & Nuisance
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Website
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For Neighbourhood
Watch/Private Rd
Laura Archer

Committee Member
Peter Henson

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Committee Member
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Lee Matthews MNAEA - Property Consultant for Mapperley Park

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Lee Matthews MNAEA : 07917 576 255

lee@fhpliving.co.uk

